



Down Syndrome of South Central Kentucky



# February 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2 <i>Groundhog Day</i>	3
4	5 WKU Speech 10:00 AM – 1:00 PM 1:30 – Skills Class 2:00 - UK Nutrition Class	6 Aktion Club 10:00 AM 3:00 – CrossFit R837 Private PT Sessions 4:30 – 5:30 PM 6:30 – 7:30 SO Cheer	7 WKU Speech 10:00 AM – 1:00 PM 1:30 – Skills Class 3:00 - Zumba	8	9 Tim Tebow “Night to Shine” Prom 6:00 – 9:00 PM Logan County Extension Office Russellville, KY	10 10:30 – JAMMERZ 11:15 – Buddy Club <b>Special Olympics Area 5 Regional Basketball Tournament</b>
11	12 WKU Speech 10:00 AM – 1:00 PM 1:30 – 4:00 - Skills	13 3:00 – CrossFit R837 Private PT Sessions 4:30 – 5:30 6:30 – 7:30 SO Cheer	14 <i>Valentine’s Day</i> WKU Speech 10:00 AM – 1:00 PM Valentine’s Social 2-4 PM Kummer – Little Center	15 DSSKY Board Meeting 6:00 PM	16 Jesus Prom 6:30 – 9:00 PM Hillvue Heights Church	17
18	19 <i>Presidents Day</i> WKU Speech 10:00 AM – 1:00 PM 1:30 – 4:00 PM - Skills	20 3:00 – CrossFit R837 Private PT Sessions 4:30 – 5:30 6:30 – 7:30 SO Cheer	21 WKU Speech 10:00 AM – 1:00 PM 1:30 - WKU Nurses Presentation 3:00 Zumba	22	23 Club 21 6-8 PM	24 10:30 – JAMMERZ 11:15 – Buddy Club
25	26 WKU Speech 10:00 AM – 1:00 PM 1:30 – 4:00 Skills	27 3:00 – CrossFit R837 Private PT Sessions 4:30 – 5:30 6:30 – 7:30 SO Cheer	28 WKU Speech 10:00 AM – 1:00 PM 1:30 - WKU Nurses Presentation 3:00 Zumba			
<b>MY BUDDIES &amp; ME</b> Birth-5 years old  <b>SCHOOL AGE</b> 6-12 years old  <b>TEENS &amp; ADULTS</b> 13 years old and older		<b><i>Times and days to be determined for YOGA and School-Age/Teen Academic Tutoring</i></b> Contact the Buddy House (270) 796-5002 or <a href="mailto:bgbuddyhouse@gmail.com">bgbuddyhouse@gmail.com</a> for information and scheduling. Office Hours 10am-2pm. M-TH  <b>Please read the calendar insert for more information.</b>				